



Established 1997

## 2024 MEMBERSHIP RENEWAL

**Annual subscription is \$30.00 per individual.**

Bank: Bendigo Bank, Account Name: U3A Armadale.

**BSB No: 633 000 Account No.: 161628219**

### Personal details

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_ Mobile \_\_\_\_\_

Email \_\_\_\_\_

Signature of Applicant \_\_\_\_\_

Date \_\_\_\_\_

### Eligibility

You must be at least 50 years of age and no longer working full time to be eligible. We are not able to provide carers so you must be self-caring and physically self-sufficient.

Year of birth: \_\_\_\_\_

Are you able to self-care? Yes/No If no, please arrange a carer to accompany you.  
*“Self-care is the ability of individuals, families, and communities to promote health, prevent disease, and maintain health and to cope with illness and disability with or without the support of a health-care provider.” World Health Organisation - 2013*

### Emergency contact

Whom do we contact if you become ill while attending a U3A function?

Name \_\_\_\_\_ Contact number \_\_\_\_\_

I wish to renew my membership of U3A Armadale and agree to abide by its rules and Constitution.

#### Privacy Statement

- I consent to an image of myself being included in any photograph of a U3A activity and to that photograph being used in the Newsletter or any other U3A publication.  
Yes No
- I consent to my data being used to communicate with me as U3A member by group leaders for those groups I join and to send me general information about the University of the Third Age. My email address will not be shared publicly.  
Yes No

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Paid by Cash: \_\_\_\_\_ Paid by Internet: \_\_\_\_\_

### **U3A Armadale - Member Information**

U3A Armadale is a self-help organisation and, as you are aware, is run by its members for its members.

Please consider what contribution you can make. Without your help, our group cannot continue.

Examples include helping setting out chairs and tables and stacking them away at the end of the meeting, helping at the door with taking the fee, entering members names who attend on the sheet, assisting in the kitchen with putting out the food and cups and washing up afterwards. Continuing to use the skills you used when working can be rewarding to you and the group in your retirement but without the workplace pressure.

You may be willing to make a presentation as a guest speaker or may well have skills that could be useful such as IT, teaching, accounting, secretarial or leading a group on a topic of your choice.

We need all members to consider committee membership so that we have a fresh perspective on running our organization.

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#### **Subscription details (Office Use Only)**

Amount paid \$ \_\_\_\_\_ Receipt number \_\_\_\_\_

Received by Internet/Cash \_\_\_\_\_ Date received \_\_\_\_\_

Entered on Members Register by \_\_\_\_\_ Date \_\_\_\_\_